



#4

LITTLE ONES
Edition

Family Conversation Coasters



DIRECTIONS: Cut out the four **Conversation Coasters** below. Parents and grandparents, scatter the coasters on your mealtime table to get you and your little ones talking.

Use this coaster to energize a conversation at home or while out.

What are the names of the people who love you?

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Turn off all devices while sharing a meal together.

Use this coaster to energize a conversation at home or while out.

What is your favorite time of day? Your favorite day?

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Strive for five or more meals together each week.

Use this coaster to energize a conversation at home or while out.

When can we pray to God?

Answer: Talk with your little one about the purpose of prayer. Through prayer we connect with God and experience God's presence. Through prayer we let our heavenly father know our and others' needs. Through prayer we hear God's voice to us.

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Keep the mealtime atmosphere friendly and warm.

Use this coaster to energize a conversation at home or while out.

What makes you feel glad or happy?

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Enjoy mealtime conversation before clean-up begins.